



1412 S. Beltline Road
Mesquite, Texas 75149
972-285-6895
Fax 972-285-7647
www.meadowoaksacademy.com

Sugar-Free School Policy

Dear Parents,

School has settled in with the best beginning ever. We are fully staffed with some great teachers and the best children and parents in Mesquite.

I would like to send a reminder to all parents that we are a sugar-free school. We would like your child to not bring food with high sugar content to school. If your child brings food that is high in sugar it will be sent back home at the end of the day. As a guideline, if sugar is top 4 ingredient on the nutritional chart it should not be sent to school.

As you are aware, at Meadow Oaks Academy we specialize in supplying high quality, handmade, delicious and nutritious food for children made with organic ingredients whenever possible. We always try to pick food that have:

- Less or no added salt
- No added sugar
- Less or no Preservatives
- Less or no artificial ingredients.

Our goal at Meadow Oaks is to maximize nutrition and promote a healthy lifestyle.

If you have any questions please call or email.

Best Regards,

Shubham Pandey

Shubham Pandey
Meadow Oaks Academy