

*All our meals have fresh fruits and unprocessed meat. We will not use processed meat, canned fruits or frozen fruits.  
All meat is freshly prepared.*

## November Menu 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<b>10/29</b> Spaghetti & Meat Sauce Broccoli Apples Milk	<b>10/30</b> BBQ Chicken Baked Beans Creamy Slaw Pears Milk	<b>10/31</b> Salisbury Steak & Gravy Mashed Potatoes Green Beans Bananas Milk	<b>11/01</b> Chicken Soft Tacos Charro Style Pintos Fiesta Rice Pineapple Milk	<b>11/02</b> Filet of Fish Sandwich Raw Veggie Dippers Oranges Milk
<b>11/05</b> Italian Meat Lasagna Cauliflower Medley Apples Milk	<b>11/06</b> Chicken Pot Pie Mashed Potatoes Green Beans Pears Milk	<b>11/07</b> BBQ Pork Sandwich Pinto Beans Mashed Sweet Potatoes Bananas Milk	<b>11/08</b> Chicken Stir-Fry Asian Medley Oriental Rice Pineapple Milk	<b>11/09</b> Cheeseburger Potato Wedges Raw Veggie Dippers Oranges Milk
<b>11/12</b> Beef Stroganoff Glazed Carrots Apples Milk	<b>11/13</b> Crispy Fish Filet Creamy Slaw Buttered Corn Pears Milk	<b>11/14</b> Crispy Beef Tacos Black Beans Fiesta Rice Bananas Milk	<b>11/15</b> Oven Fried Chicken Mashed Potatoes Green Beans Pineapple Milk	<b>11/16</b> BBQ Chicken Potato Wedges Raw Veggie Dippers Oranges Milk
<b>11/19</b> Twisted Chicken Alfredo Rustic Greek Medley Apples Milk	<b>11/20</b> Cheese Enchilada Fiesta Rice Pears Milk	<b>11/21</b> Glazed Meatloaf Mashed Potatoes Green Beans Bananas Milk	<b>11/22</b> Thanksgiving – CLOSED	<b>11/23</b> Thanksgiving – CLOSED
<b>11/26</b> Baked Cheese Tortellini Broccoli Apples Milk	<b>11/27</b> Roast Pork & Gravy Mashed Potatoes Glazed Carrots Pears Milk	<b>11/28</b> Korean Chicken Asian Oriental Rice Bananas Milk	<b>11/29</b> Fiesta Cheeseburger Macaroni Mexican Corn Salad Pineapple Milk	<b>11/30</b> Cheeseburger Potato Wedges Raw Veggie Dippers Oranges Milk

### Breakfast:

**M:** Quiche, Fruit & Milk  
**T:** Butter Whole Grain Toast, Fresh Fruit & Milk  
**W:** Breakfast Bars, Fruit & Milk  
**Th:** French Toast, Fruit & Milk  
**F:** Potato Quiche, Fresh Fruit & Milk

### Snacks For PM:

**M:** Cheese & Whole Grain Crackers  
**T:** Tuna fish & Whole Grain Crackers & Juice  
**W:** Cheese Sandwiches  
**Th:** String Cheese, Whole Grain Crackers & Juice  
**F:** Cheese Its & Juice

