

*All our meals have fresh fruits and unprocessed meat. We will not use processed meat, canned fruits or frozen fruits.
All meat is freshly prepared.*

January Menu 2019

Monday	Tuesday	Wednesday	Thursday	Friday
12/31 New Years Eve No School	01/01 New Year's Day No School	01/02 Korean Chicken Asian Oriental Rice Bananas Milk	01/03 Fiesta Cheeseburger Macaroni Mexican Corn Salad Pineapple Milk	01/04 Cheeseburger Potato Wedges Raw Veggie Dippers Oranges Milk
01/07 Beef Stroganoff Glazed Carrots Apples Milk	01/07 Crispy Fish Filet Creamy Slaw Buttered Corn Pears Milk	01/09 Crispy Beef Tacos Black Beans Fiesta Rice Bananas Milk	01/10 Oven Fried Chicken Mashed Potatoes Green Beans Pineapple Milk	01/11 BBQ Chicken Potato Wedges Raw Veggie Dippers Oranges Milk
01/14 Baked Cheese Tortellini Broccoli Apples Milk	01/15 Roast Pork & Gravy Mashed Potatoes Glazed Carrots Pears Milk	01/16 Korean Chicken Asian Medley Oriental Rice Bananas Milk	01/17 Fiesta Cheeseburger Macaroni Mexican Corn Salad Pineapple Milk	01/18 Cheeseburger Potato Wedges Raw Veggie Dippers Oranges Milk
01/21 Twisted Chicken Alfredo Rustic Greek Medley Apples Milk	01/22 Cheese Enchiladas Refried Beans Fiesta Rice Pears Milk	01/23 Glazed Meatloaf Mashed Potatoes Green Beans Bananas Milk	01/24 Roast Pulled Pork Roast Sweet Potatoes Broccoli Slaw Pineapple Milk	01/25 Sloppy Joe Sandwich Raw Veggie Dippers Oranges Milk
01/28 Spaghetti & Meat Sauce Broccoli Apples Milk	01/29 BBQ Chicken Baked Beans Creamy Slaw Pears Milk	01/30 Salisbury Steak & Gravy Mashed Potatoes Green Beans Bananas Milk	01/31 Chicken Soft Tacos Charro Style Pintos Fiesta Rice Pineapple Milk	02/01 Filet of Fish Sandwich Raw Veggie Dippers Oranges Milk

Breakfast:

M: Quiche, Fruit & Milk
T: Butter Whole Grain Toast, Fresh Fruit & Milk
W: Breakfast Bars, Fruit & Milk
Th: French Toast, Fruit & Milk
F: Potato Quiche, Fresh Fruit & Milk

Snacks For PM:

M: Cheese & Whole Grain Crackers
T: Tuna fish & Whole Grain Crackers & Juice
W: Cheese Sandwiches
Th: String Cheese, Whole Grain Crackers & Juice
F: Cheese Its & Juice

