

*All our meals have fresh fruits and unprocessed meat. We will not use processed meat, canned fruits or frozen fruits.
All meat is freshly prepared.*

February Menu 2019

Monday	Tuesday	Wednesday	Thursday	Friday
02/04 Italian Meat Lasagna Cauliflower Medley Apples Milk	02/05 Chicken Pot Pie Mashed Potatoes Green Beans Pears Milk	02/06 BBQ Pork Sandwich Pinto Beans Mashed Sweet Potatoes Bananas Milk	02/07 Chicken Stir-Fry Asian Medley Oriental Rice Pineapple Milk	02/08 Cheeseburger Potato Wedges Raw Veggie Dippers Oranges Milk
02/11 Beef Stroganoff Glazed Carrots Apples Milk	02/12 Crispy Fish Filet Creamy Slaw Buttered Corn Pears Milk	02/13 Crispy Beef Tacos Black Beans Fiesta Rice Bananas Milk	02/14 Oven Fried Chicken Mashed Potatoes Green Beans Pineapple Milk	02/15 BBQ Chicken Potato Wedges Raw Veggie Dippers Oranges Milk
02/18 Baked Cheese Tortellini Broccoli Apples Milk	02/19 Roast Pork & Gravy Mashed Potatoes Glazed Carrots Pears Milk	02/20 Korean Chicken Asian Medley Oriental Rice Bananas Milk	02/21 Fiesta Cheeseburger Macaroni Mexican Corn Salad Pineapple Milk	02/22 Cheeseburger Potato Wedges Raw Veggie Dippers Oranges Milk
02/25 Twisted Chicken Alfredo Rustic Greek Medley Apples Milk	02/26 Cheese Enchiladas Refried Beans Fiesta Rice Pears Milk	02/27 Glazed Meatloaf Mashed Potatoes Green Beans Bananas Milk	02/28 Roast Pulled Pork Roast Sweet Potatoes Broccoli Slaw Pineapple Milk	03/01 Sloppy Joe Sandwich Raw Veggie Dippers Oranges Milk

Breakfast:

M: Quiche, Fruit & Milk

T: Butter Whole Grain Toast, Fresh Fruit & Milk

W: Breakfast Bars, Fruit & Milk

Th: French Toast, Fruit & Milk

F: Potato Quiche, Fresh Fruit & Milk

Snacks For PM:

M: Cheese & Whole Grain Crackers

T: Tuna fish & Whole Grain Crackers &

W: Cheese Sandwiches

Th: String Cheese, Whole Grain Crackers & Juice

F: Cheese Its & Juice

