

*All our meals have fresh fruits and unprocessed meat. We will not use processed meat, canned fruits or frozen fruits.
All meat is freshly prepared.*

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
09/02 School Closed – Labor Day	09/03 Glazed Meatloaf Mashed Potatoes Glazed Carrot Pear Low Fat Milk	09/04 BBQ Pulled Chicken Sandwich Baked Beans Steamed Broccoli Banana Low Fat Milk	09/05 Chicken Soft Taco's Savory Pinto Beans Shredded Lettuce & Cheese Fiesta Rice Pineapple Low Fat Milk	09/06 Cheeseburger Potato Wedges Glazed Carrots Orange Low Fat Milk
09/09 Ham & Cheese Croissant Caesar Salad Steamed Broccoli Apple Low Fat Milk	09/10 BBQ Chicken Mashed Potatoes Green Beans Pear Low Fat Milk	09/11 Crispy Fish Sandwich Sweet Potato Waffle Fries Creamy Slaw Banana Low Fat Milk	09/12 Beef Enchiladas Creamy Refried Beans Shredded Lettuce Salad Creamy Ranch Pineapple Low Fat Milk	09/13 Cheeseburger Potato Wedges Glazed Carrots Orange Low Fat Milk
09/16 Pepperoni Pizza Calzone Tossed Salad Steamed Broccoli Apple Low Fat Milk	09/17 Salisbury Steak & Gravy Mashed Potatoes Glazed Carrots Pear Low Fat Milk	09/18 Pulled Pork BBQ Sandwich Baked Beans Steamed Broccoli Banana Low Fat Milk	09/19 Beef Soft Taco's Savory Pinto Beans Shredded Lettuce & Cheese Fiesta Rice Pineapple Low Fat Milk	09/20 Cheeseburger Potato Wedges Glazed Carrots Orange Low Fat Milk
09/23 Meatball Hoagie Caesar Salad Steamed Broccoli Apple Low Fat Milk	09/24 Oven Fried Chicken Breast Mashed Potatoes Green Beans Pear Low Fat Milk	09/25 Sloppy Joe Sandwich Sweet Potato Waffle Fries Creamy Slaw 100% Fruit Juice Banana Low Fat Milk	09/26 Cheese Enchiladas Creamy Refried Beans Shredded Lettuce Salad Creamy Ranch Pineapple Low Fat Milk	09/27 Cheeseburger Potato Wedges Glazed Carrots 100% Fruit Juice Orange Low Fat Milk
09/30 Three Cheese Pizza Calzone Tossed Salad Steamed Broccoli Apple Low Fat Milk	10/01 Glazed Meatloaf Mashed Potatoes Glazed Carrot Pear Low Fat Milk	10/02 BBQ Pulled Chicken Sandwich Baked Beans Steamed Broccoli Banana Low Fat Milk	10/03 Chicken Soft Taco's Savory Pinto Beans Shredded Lettuce & Cheese Fiesta Rice Pineapple Low Fat Milk	09/04 Cheeseburger Potato Wedges Glazed Carrots 100% Fruit Juice Orange Low Fat Milk

Breakfast:

M: Quiche, Fruit & Milk

T: Butter Toast, Fresh Fruit & Milk

W: Breakfast Bars, Fruit & Milk

Th: French Toast, Fruit & Milk

F: Potato Quiche, Fresh Fruit & Milk

Snacks For PM:

M: Cheese & Crackers

T: Fish Crackers & Cheddar Cheese Stick

W: Cheese Sandwiches

Th: String Cheese & Crackers

F: Cheese Its & & Marble Jack Cheese Stick

