

*All our meals have fresh fruits and unprocessed meat. We will not use processed meat, canned fruits or frozen fruits.
All meat is freshly prepared.*

March 2010

Monday	Tuesday	Wednesday	Thursday	Friday
03/02 Meatball Hoagie Caesar Salad Broccoli Low Fat Milk	03/03 Oven Fried Chicken Breast Mashed Potatoes Green Beans Warm Roll Low Fat Milk	03/04 Sloppy Joe Sandwich Sweet Potato Waffle Fries Creamy Slaw 100% Fruit Juice Low Fat Milk	03/05 Cheese Enchiladas Creamy Refried Beans Shredded Lettuce Salad Low Fat Milk	03/06 Cheeseburger Potato Wedges Glazed Carrots KMM Low Fat Milk
03/09 Three Cheese Pizza Calzone Tossed Salad Steamed Broccoli Breadstick Low Fat Milk	03/10 Glazed Meatloaf Mashed Potatoes Glazed Carrots Warm Roll Low Fat Milk	03/11 BBQ Pulled Chicken Sandwich Baked Beans Steamed Broccoli Low Fat Milk	03/12 Chicken Soft Taco's Savory Pinto Beans Shredded Lettuce & Cheese Fiesta Rice Low Fat Milk	03/13 Cheeseburger Potato Wedges Glazed Carrots KMM Low Fat Milk
03/02 Pepperoni Pizza Calzone Tossed Salad Steamed Broccoli Breadstick Low Fat Milk	03/03 Salisbury Steak & Gravy Mashed Potatoes Glazed Carrots Warm Roll Low Fat Milk	03/04 Pulled Pork BBQ Sandwich Baked Beans Steamed Broccoli Low Fat Milk	03/05 Beef Soft Taco's Savory Pinto Beans Shredded Lettuce & Cheese Fiesta Rice Low Fat Milk	03/06 Cheeseburger Potato Wedges Glazed Carrots KMM Low Fat Milk
03/23 Ham & Cheese Croissant Caesar Salad Steamed Broccoli Low Fat Milk	03/24 BBQ Chicken Mashed Potatoes Green Beans / Warm Roll Low Fat Milk	03/25 Crispy Fish Sandwich Sweet Potato Waffle Fries Creamy Slaw Low Fat Milk	03/26 Beef Enchiladas Creamy Refried Beans Shredded Lettuce Salad Low Fat Milk	03/27 Cheeseburger Potato Wedges Glazed Carrots KMM Low Fat Milk
03/30 Pepperoni Pizza Calzone Tossed Salad Steamed Broccoli Breadstick Low Fat Milk	03/31 Salisbury Steak & Gravy Mashed Potatoes Glazed Carrots Warm Roll Low Fat Milk	04/01 Pulled Pork BBQ Sandwich Baked Beans Steamed Broccoli Low Fat Milk	04/02 Beef Soft Taco's Savory Pinto Beans Shredded Lettuce & Cheese Fiesta Rice Low Fat Milk	04/03 Potato Wedges Glazed Carrots KMM Low Fat Milk

Breakfast:

M: Quiche, 1% Milk
T: Butter Toast, 1% Milk
W: Quiche, 1% Milk
Th: French Toast, 1% Milk
F: Potato Quiche, 1% Milk

Snacks For PM

M: Whole Grain Crackers & Sliced Cheese
T: Whole Grain Fish Crackers & Cheddar Cheese Stick
W: Cheese Sandwiches
Th: Whole Grain Crackers & Mozzarella String Cheese
F: Cheese Its & Marble Jack Cheese Stick

