

October 2020 Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
10/05 Cheeseburger Sweet Potato Fries / Baby Carrots 1% White Milk	10/06 Oven Fried Chicken Breast Mashed Potatoes Green Beans Warm Roll 1% White Milk	10/07 Deep Dish Pepperoni Pizza House Salad Frozen Corn 1% White Milk	10/08 Alaskan Fish Filet & Tartar Sauce Rosemary Potatoes Steamed Broccoli 1% White Milk	10/09 Chicken & Cheese Soft Tacos Savory Pinto Beans Fiesta Rice 1% White Milk
10/12 Country Fried Steak Mashed Potatoes Glazed Carrots Country Gravy 1% White Milk	10/13 Pulled Pork Barbecue Sandwich Mashed Sweet Potatoes Green Beans 1% White Milk	10/14 Chicken & Swiss Croissant Baked Tater Tots Steamed Broccoli 1% White Milk	10/15 Beef & Cheese Burrito Refried Beans Frozen Corn 1% White Milk	10/16 Salisbury Steak & Gravy Mashed Potatoes Green Beans Warm Roll 1% White Milk
10/19 BBQ Pulled Pork Sandwich Potato Wedges Glazed Carrots 1% White Milk	10/20 Spaghetti with Meat Sauce Creamy Caesar Salad Steamed Broccoli 1% White Milk	10/21 Crispy Beef Tacos Shredded Lettuce Refried Beans Fiesta Rice 1% White Milk	10/22 Country Fried Steak Mashed Potatoes Green Beans Cream Gravy 1% White Milk	10/23 Mozzarella Pizza Sticks Marinara Cup House Salad Frozen Corn 1% White Milk
10/26 Cheeseburger Sweet Potato Fries Glazed Carrots 1% White Milk	10/27 Oven Fried Chicken Breast Mashed Potatoes Green Beans Warm Roll 1% White Milk	10/28 Deep Dish Pepperoni Pizza House Salad Frozen Corn 1% White Milk	10/29 Alaskan Fish Filet & Tartar Sauce Rosemary Potatoes Steamed Broccoli 1% White Milk	10/30 Chicken & Cheese Soft Tacos Savory Pinto Beans Fiesta Rice House Salad 1% White Milk

Breakfast:

M: Quiche, Fresh Bananas, 1% Milk
 T: Buttered Toast, Fresh Apples, 1% Milk
 W: Quiche, Fresh Oranges, 1% Milk
 Th: French Toast, Fresh Pears, 1% Milk
 F: Potato Quiche, Fresh Apples, 1% milk



Snacks For PM

M: Whole Grain Crackers & Sliced Cheese
 T: Whole Grain Fish Crackers & Cheddar Cheese Stick
 W: Cheese Sandwiches
 Th: Whole Grain Crackers & Mozzarella String Cheese
 F: Cheese Its & Marble Jack Cheese Stick