

MOA Menu – August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
08/01 Country Fried Steak Mashed Potatoes Green Beans 1% Milk	08/02 Beef & Bean Burrito, Seasoned Black Beans, Buttered Carrots 1% Milk	08/03 Mozzarella Stuffed Breadsticks, Caesar Salad Green Beans 1% Milk	08/04 Beef Spaghetti & Meat sauce Broccoli & Cauliflower Buttered Corn 1% Milk	08/05 Chicken Fried Chicken Sandwich Buttered Carrot Burger Fixins 1% Milk
08/08 Smothered Meatballs & Gravy Mashed Potatoes Broccoli Florets Dinner Roll, 1% Milk	08/09 Beef & Cheese Taco Roll-up, Beans, Buttered Carrots 1% Milk	08/10 Cheesy French Bread Pizza Caesar Salad Green Beans 1% Milk	08/11 Filet of Fish Buttered Corn Rice Pilaf Broccoli, 1% Milk	08/12 Country Fried Steak Sandwich Baked Beans Buttered Carrots, 1% Milk
08/15 Crispy Chicken Nuggets Mashed Potatoes Buttered Carrots 1% White Milk	08/16 Beef Soft Tacos Refried Beans Shredded Lettuce Salad 1% Milk	08/17 Turkey Pepperoni Calzone Caesar Salad Buttered Corn 1% Milk	08/18 Oven fried Chicken, Green Beans, Pinto Beans, 1% Milk	08/19 Beef Steak Burger Potato Wedges Buttered carrots 1% Milk
08/22 Country Fried Steak Mashed Potatoes Green Beans 1% Milk	08/23 Beef & Bean Burrito, Seasoned Black Beans, Buttered Carrots 1% Milk	08/24 Mozzarella Stuffed Breadsticks Caesar Salad Green Beans 1% Milk	08/25 Beef Spaghetti & Meat sauce Broccoli & Cauliflower Buttered Corn 1% Milk	08/26 Chicken Fried Chicken Sandwich Buttered Carrot Burger Fixins 1% Milk
08/29 Smothered Meatballs & Gravy Mashed Potatoes Broccoli Florets Dinner Roll, 1% Milk	08/30 Beef & Cheese Taco Roll-up, Beans, Buttered Carrots 1% Milk	08/31 Cheesy French Bread Pizza Caesar Salad Green Beans 1% Milk	09/01 Filet of Fish Buttered Corn Rice Pilaf, Broccoli, 1% Milk	09/01 Country Fried Steak Sandwich Baked Beans Buttered Carrots 1% Milk

Breakfast:
 M: Quiche, Fresh Bananas, 1% Milk
 T: Buttered Toast, Fresh Apples, 1% Milk
 W: Quiche, Fresh Oranges, 1% Milk
 Th: French Toast, Fresh Pears, 1% Milk
 F: Potato Quiche, Fresh Apples, 1% Milk

PM Snacks:
 M: Whole Grain Crackers & Sliced Cheese
 T: Whole Grain Fish Crackers & Cheddar Cheese
 Stick
 W: Cheese Sandwiches
 Th: Whole Grain Crackers & Mozzarella String
 Cheese
 F: Cheese Its & Marble Jack Cheese Stick