



# Meadow Oaks Academy

## JANUARY 2024 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <div>CLOSED</div> <div>HAPPY NEW YEAR!</div> <div>Hello 2024!</div>	<div>2</div> <div>Breakfast:</div> <div>French Toast, Fresh Bananas, Milk, Water</div> <div>Lunch:</div> <div>WG Chicken Quesadilla, Refried Beans, Corn, Milk, Water</div> <div>PM Snack:</div> <div>Wheat Crackers, Sliced Cheese, Water</div>	<div>3</div> <div>Breakfast:</div> <div>Egg &amp; Cheese Quiche, Fresh Oranges, Milk ,Water</div> <div>Lunch:</div> <div>WG Pepperoni Pizza, Salad, Cooked Carrots, Milk, Water</div> <div>PM Snack:</div> <div>WG Strawberry Yogurt Chex Cheese Stick, Water</div>	<div>4</div> <div>Breakfast:</div> <div>Buttered Toast, Fresh Pears, Milk, Water</div> <div>Lunch:</div> <div>Meat Balls with Brown Gravy, Mashed Potatoes, Cooked Broccoli, WG Garlic Breadstick Milk, Water</div> <div>PM Snack:</div> <div>WG Goldfish Pretzels, Fresh Oranges, Water</div>	<div>5</div> <div>Breakfast:</div> <div>WG Waffles, Fresh Apples, Milk, Water</div> <div>Lunch:</div> <div>Cold Cut Combo, WG Hoagie Sandwich, Green Beans, Sliced Pickles, Milk, Water</div> <div>PM Snack:</div> <div>WG Ritz Crackers, Sliced Cheese, Water</div>
<div>8</div> <div>Breakfast:</div> <div>WG Cinn. Chex Cereal, Fresh Apples, Milk, Water</div> <div>Lunch:</div> <div>Classic Hot Dog , WG Bun Potato Wedges, Baked Beans, Milk, Water</div> <div>PM Snack:</div> <div>WG Goldfish, Fresh Oranges, Water</div>	<div>9</div> <div>Breakfast:</div> <div>WG Waffles, Fresh Bananas, Milk, Water</div> <div>Lunch:</div> <div>WG Chicken &amp; Cheese Crispito's, Refried Beans, Corn, Milk, Water</div> <div>PM Snack:</div> <div>Honey Grahams, Fresh Apples, Water</div>	<div>10</div> <div>Breakfast:</div> <div>Potato &amp; Egg Quiche, Fresh Oranges, Milk, Water</div> <div>Lunch:</div> <div>WG Cheese Pizza, Salad, Cooked Carrots, Milk, Water</div> <div>PM Snack:</div> <div>WG Club Crackers, Cheese Stick, Water</div>	<div>11</div> <div>Breakfast:</div> <div>Buttered Toast, Fresh Pears, Milk, Water</div> <div>Lunch:</div> <div>WG Chicken smackers, Mashed Potatoes, Cooked Broccoli, Milk, Water</div> <div>PM Snack:</div> <div>WG Chex Mix, Bananas, Water</div>	<div>12</div> <div>Breakfast:</div> <div>WG Strawberry Yogurt Chex Fresh Bananas, Milk, Water</div> <div>Lunch:</div> <div>Chicken &amp; Cheese Club Croissant, Green Beans, Sliced Pickles, Milk, Water</div> <div>PM Snack:</div> <div>WG Saltine Crackers, Sliced Cheese, Water</div>
<div>15</div> <div>Breakfast:</div> <div>WG Cheerio's, Fresh Apples, Milk, Water</div> <div>Lunch:</div> <div>Crispy Chicken Melt, WG Bun, pickles, Potato Wedges, Baked Beans, Milk, Water</div> <div>PM Snack:</div> <div>WG Cheese It's, Fresh Pears, Water</div>	<div>16</div> <div>Breakfast:</div> <div>French Toast, Fresh Bananas, Milk, Water</div> <div>Lunch:</div> <div>Beef &amp; Cheese Soft Tacos, WG Tortillas, Refried Beans, Corn, Milk, Water</div> <div>PM Snack:</div> <div>Wheat Crackers, Sliced Cheese, Water</div>	<div>17</div> <div>Breakfast:</div> <div>Egg &amp; Cheese Quiche, Fresh Oranges, Milk ,Water</div> <div>Lunch:</div> <div>WG Pepperoni Pizza, Salad, Cooked Carrots, Milk, Water</div> <div>PM Snack:</div> <div>WG Strawberry Yogurt Chex Cheese Stick, Water</div>	<div>18</div> <div>Breakfast:</div> <div>Buttered Toast, Fresh Pears, Milk, Water</div> <div>Lunch:</div> <div>Sliced Turkey with Gravy, Mashed Potatoes, Cooked Broccoli, Garlic Bread Stick, Milk, Water</div> <div>PM Snack:</div> <div>WG Goldfish Pretzels, Fresh Oranges, Water</div>	<div>19</div> <div>Breakfast:</div> <div>WG Waffles, Fresh Apples, Milk, Water</div> <div>Lunch:</div> <div>WG Italian Turkey &amp; Cheese Hoagie, Green Beans, Sliced Pickles, Milk, Water</div> <div>PM Snack:</div> <div>WG Ritz Crackers, Sliced Cheese, Water</div>
<div>22</div> <div>Breakfast:</div> <div>WG Cinn. Chex Cereal, Fresh Apples, Milk, Water</div> <div>Lunch:</div> <div>Baked Chicken Corndog Potato Wedges, Baked Beans, Milk, Water</div> <div>PM Snack:</div> <div>WG Goldfish, Fresh Oranges, Water</div>	<div>23</div> <div>Breakfast:</div> <div>WG Waffles, Fresh Bananas, Milk, Water</div> <div>Lunch:</div> <div>Chicken &amp; Cheese Fajita's, WG Tortilla, Refried Beans, Corn, Milk, Water</div> <div>PM Snack:</div> <div>Honey Grahams, Fresh Apples, Water</div>	<div>24</div> <div>Breakfast:</div> <div>Potato &amp; Egg Quiche, Fresh Oranges, Milk, Water</div> <div>Lunch:</div> <div>WG Cheese Pizza, Salad, Cooked Carrots, Milk, Water</div> <div>PM Snack:</div> <div>WG Club Crackers, Cheese Stick, Water</div>	<div>25</div> <div>Breakfast:</div> <div>Buttered Toast, Fresh Pears, Milk, Water</div> <div>Lunch:</div> <div>Meatloaf w/Red Sauce, Mashed Potatoes, Cooked Broccoli, Garlic Bread Stick, Milk, Water</div> <div>PM Snack:</div> <div>WG Chex Mix, Bananas, Water</div>	<div>26</div> <div>Breakfast:</div> <div>WG Strawberry Yogurt Chex Fresh Bananas, Milk, Water</div> <div>Lunch:</div> <div>Turkey Swiss Croissant Sandwich, Green Beans, Sliced Pickles, Milk, Water</div> <div>PM Snack:</div> <div>WG Saltine Crackers, Sliced Cheese, Water</div>
<div>29</div> <div>Breakfast:</div> <div>WG Cheerio's, Fresh Apples, Milk, Water</div> <div>Lunch:</div> <div>Cheeseburger, WG Bun pickles, Potato Wedges, Baked Beans, Milk, Water</div> <div>PM Snack:</div> <div>WG Cheese It's, Fresh Pears, Water</div>	<div>30</div> <div>Breakfast:</div> <div>French Toast, Fresh Bananas, Milk, Water</div> <div>Lunch:</div> <div>WG Chicken Quesadilla, Refried Beans, Corn, Milk, Water</div> <div>PM Snack:</div> <div>Wheat Crackers, Sliced Cheese, Water</div>	<div>31</div> <div>Breakfast:</div> <div>Egg &amp; Cheese Quiche, Fresh Oranges, Milk ,Water</div> <div>Lunch:</div> <div>WG Pepperoni Pizza, Salad, Cooked Carrots, Milk, Water</div> <div>PM Snack:</div> <div>WG Strawberry Yogurt Chex Cheese Stick, Water</div>	<div>WWG –hole Grain</div> <div>* All Students under the age of 2 years old, are given Whole Milk.</div> <div>* All Students 2 years and older are given 1% Milk with Breakfast and Lunch.</div> <div>* All students are served water with every meal.</div> <div>  </div>	