
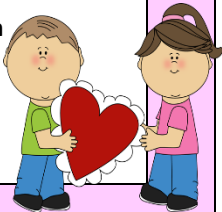


Meadow Oaks Academy February 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>WWG – Whole Grain * All Students under the age of 2 years old, are given Whole Milk. * All Students 2 years and older are given 1% Milk with Breakfast and Lunch. * All students are served water with every meal.</p>			 <p>1 Breakfast: Buttered Toast, Fresh Pears, Milk, Water Lunch: Meat Balls with Brown Gravy, Mashed Potatoes, Cooked Broccoli, WG Garlic Breadstick, Milk, Water PM Snack: WG Goldfish Pretzels, Fresh Oranges, Water</p>	<p>2 Breakfast: WG Waffles, Fresh Apples, Milk, Water Lunch: Cold Cut Combo, WG Hoagie Sandwich, Green Beans, Sliced Pickles, Milk, Water PM Snack: WG Ritz Crackers, Sliced Cheese, Water</p>
<p>5 Breakfast: WG Cinn. Chex Cereal, Fresh Apples, Milk, Water Lunch: Classic Hot Dog , WG Bun Potato Wedges, Baked Beans, Milk, Water PM Snack: WG Goldfish, Fresh Oranges, Water</p>	<p>6 Breakfast: WG Waffles, Fresh Bananas, Milk, Water Lunch: WG Chicken & Cheese Crispito's, Refried Beans , Corn, Milk, Water PM Snack: Honey Grahams, Fresh Apples, Water</p>	<p>7 Breakfast: Potato & Egg Quiche, Fresh Oranges, Milk, Water Lunch: WG Cheese Pizza, Salad, Cooked Carrots, Milk, Water PM Snack: WG Club Crackers, Cheese Stick, Water</p>	<p>8 Breakfast: Buttered Toast, Fresh Pears, Milk, Water Lunch: WG Chicken smackers, Mashed Potatoes, Cooked Broccoli, Milk, Water PM Snack: WG Chex Mix, Bananas, Water</p>	<p>9 Breakfast: WG Strawberry Yogurt Chex Fresh Bananas, Milk, Water Lunch: Chicken & Cheese Club Croissant, Green Beans, Sliced Pickles, Milk, Water PM Snack: WG Saltine Crackers, Sliced Cheese, Water</p>
<p>12 Breakfast: WG Cheerio's, Fresh Apples, Milk, Water Lunch: Crispy Chicken Melt, WG Bun, pickles, Potato Wedges, Baked Beans, Milk, Water PM Snack: WG Cheese It's, Fresh Pears, Water</p>	<p>13 Breakfast: French Toast, Fresh Bananas, Milk, Water Lunch: Beef & Cheese Soft Tacos, WG Tortillas, Refried Beans, Corn, Milk, Water PM Snack: Wheat Crackers, Sliced Cheese, Water</p>	<p>14 Breakfast: Egg & Cheese Quiche, Fresh Oranges, Milk ,Water Lunch: WG Pepperoni Pizza, Salad, Cooked Carrots, Milk, Water PM Snack: WG Strawberry Yogurt Chex Cheese Stick, Water</p>	<p>15 Breakfast: Buttered Toast, Fresh Pears, Milk, Water Lunch: Sliced Turkey with Gravy, Mashed Potatoes, Cooked Broccoli, Garlic Bread Stick, Milk, Water PM Snack: WG Goldfish Pretzels, Fresh Oranges, Water</p>	<p>16 Breakfast: WG Waffles, Fresh Apples, Milk, Water Lunch: WG Italian Turkey & Cheese Hoagie, Green Beans, Sliced Pickles, Milk, Water PM Snack: WG Ritz Crackers, Sliced Cheese, Water</p>
<p>19 Breakfast: WG Cinn. Chex Cereal, Fresh Apples, Milk, Water Lunch: Baked Chicken Corndog Potato Wedges, Baked Beans, Milk, Water PM Snack: WG Goldfish, Fresh Oranges, Water</p>	<p>20 Breakfast: WG Waffles, Fresh Bananas, Milk, Water Lunch: Chicken & Cheese Fajita's, WG Tortilla, Refried Beans, Corn, Milk, Water PM Snack: Honey Grahams, Fresh Apples, Water</p>	<p>21 Breakfast: Potato & Egg Quiche, Fresh Oranges, Milk, Water Lunch: WG Cheese Pizza, Salad, Cooked Carrots, Milk, Water PM Snack: WG Club Crackers, Cheese Stick, Water</p>	<p>22 Breakfast: Buttered Toast, Fresh Pears, Milk, Water Lunch: Meatloaf w/Red Sauce, Mashed Potatoes, Cooked Broccoli, Garlic Bread Stick, Milk, Water PM Snack: WG Chex Mix, Bananas, Water</p>	<p>23 Breakfast: WG Strawberry Yogurt Chex Fresh Bananas, Milk, Water Lunch: Turkey Swiss Croissant Sandwich, Green Beans, Sliced Pickles, Milk, Water PM Snack: WG Saltine Crackers, Sliced Cheese, Water</p>
<p>26 Breakfast: WG Cheerio's, Fresh Apples, Milk, Water Lunch: Cheeseburger, WG Bun pickles, Potato Wedges, Baked Beans, Milk, Water PM Snack: WG Cheese It's, Fresh Pears, Water</p>	<p>27 Breakfast: French Toast, Fresh Bananas, Milk, Water Lunch: WG Chicken Quesadilla, Refried Beans, Corn, Milk, Water PM Snack: Wheat Crackers, Sliced Cheese, Water</p>	<p>28 Breakfast: Egg & Cheese Quiche, Fresh Oranges, Milk ,Water Lunch: WG Pepperoni Pizza, Salad, Cooked Carrots, Milk, Water PM Snack: WG Strawberry Yogurt Chex Cheese Stick, Water</p>	<p>29 Breakfast: Buttered Toast, Fresh Pears, Milk, Water Lunch: Meat Balls with Brown Gravy, Mashed Potatoes, Cooked Broccoli, WG Garlic Breadstick, Milk, Water PM Snack: WG Goldfish Pretzels, Fresh Oranges, Water</p>	