

## August



## Meadow Oaks Academy Menu 2024

<b>3 3 3</b>	Meddow Odns /Icademy Mend 2021			
Monday	Tuesday	Wednesday	Thursday	Friday
WWG – Whole Grain  * All Students under the age of 2 years old, are served Whole Milk.  * All Students 2 years and older are served 1% Milk with Breakfast and Lunch  * All students are served water		BICK.	1 Breakfast: Biscuits & Gravy Fresh Pears, Milk, Water Lunch: Classic Hot Dog, Cole Slaw, Ranch Style Beans, Milk, Water PM Snack: WG Goldfish Pretzels, Fresh Oranges, Water	2 Breakfast: WG Breakfast Sausage Bites, Fresh Apples, Milk, Water Lunch: Cheese Burger, Potato Wedges, Tuscan Veggies, Milk, Water PM Snack: WG Ritz Crackers, Sliced Cheese, Water
5 Breakfast: WG Chex Cereal, Fresh Apples, Milk, Water Lunch: Italian Turkey Croissant, Glazed Carrots, Pickle Spears, Milk, Water PM Snack: WG Goldfish, Fresh Oranges, Water	6 Breakfast: Waffles, Fresh Bananas, Milk, Water Lunch: Sloppy Joe Tater tot Casserole, Steamed Broccoli, Corn, Dinner Roll, Milk, Water PM Snack: WG Honey Grahams, Fresh Apples, Water	7 Breakfast: Potato & Cheese Quiche, Fresh Oranges, Milk ,Water Lunch: Chicken Fajita Tacos, Refried Beans, Salad, Milk, Water PM Snack: WG Club Crackers, Cheese Stick, Water	8 Breakfast: Buttered Toast, Fresh Pears, Milk, Water Lunch: Salisbury Steak, Rice, Green Beans, Dinner Roll, Milk, Water PM Snack: WG Chex Mix, Fresh Bananas, Water	9 Breakfast: Strawberry Chex Mix, Fresh Apples, Milk, Water Lunch: BBQ Chicken Sandwich, Tuscan Veggies, Mustard Potato Salad, Milk, Water PM Snack: WG Saltine Crackers, Sliced Cheese, Water
12  Breakfast: WG Cheerio's, Fresh Apples, Milk, Water Lunch: Turkey/Ham & Swiss Croissant, Sweet Potatoes, Pickle Spears, Milk, Water PM Snack: WG Cheese It's, Fresh Pears, Water	13  Breakfast: French Toast, Fresh Bananas, Milk, Water Lunch: Beef Spaghetti with Red Sauce, Italian Green Beans, Glazed Carrots, Milk, Water PM Snack: WG Wheat Crackers, Sliced Cheese, Water	14  Breakfast: Breakfast Casserole, Fresh Oranges, Milk ,Water Lunch: Chicken & Cheese Fajita Soft Taco, Salad, Corn, Milk, Water PM Snack: WG Strawberry Yogurt Chex Cheese Stick, Water	15  Breakfast: Biscuits & Gravy, Fresh Pears, Milk, Water Lunch: Sliced Turkey Breast with Gravy, Cheesy Diced Potatoes, Tuscan Veggies, Dinner Roll, Milk, Water PM Snack: WG Goldfish Pretzels, Fresh Oranges, Water	16 Breakfast: WG Breakfast Sausage Bites, Fresh Apples, Milk, Water Lunch: Classic Hot Dog, Coleslaw, Baked Beans, Milk, Water PM Snack: WG Ritz Crackers, Sliced Cheese, Water
19 Breakfast: WG Chex Cereal, Fresh Apples, Milk, Water Lunch: Turkey & Swiss Croissant, Glazed Carrots, Pickle Spears, Milk, Water PM Snack: WG Goldfish, Fresh Oranges, Water	20 Breakfast: Waffles, Fresh Bananas, Milk, Water Lunch: Meat Loaf, Au gratin Potatoes, Green Beans, Dinner Roll, Milk, Water PM Snack: WG Honey Grahams, Fresh Apples, Water	21  Breakfast: Potato & Cheese Quiche, Fresh Oranges, Milk ,Water  Lunch: Beef & Cheese Soft Taco, Pinto Beans, Corn, Milk, Water  PM Snack: WG Club Crackers, Cheese Stick, Water	22  Breakfast: Buttered Toast, Fresh Pears, Milk, Water  Lunch: Cheese Pizza, Corn, Cole Slaw, Milk, Water PM Snack: WG Chex Mix, Bananas, Water	23  Breakfast: Strawberry Chex Mix, Fresh Apples, Milk, Water Lunch: Popcorn Chicken, Garlic Mashed Potatoes, Tuscan Veggies, Milk, Water PM Snack: WG Saltine Crackers, Sliced Cheese, Water
26  Breakfast: WG Cheerio's, Fresh Apples, Milk, Water Lunch: Club Croissant, Italian Green Beans, , Pickle Spears, Milk, Water PM Snack: WG Cheese It's, Fresh Pears, Water	27  Breakfast: French Toast Fresh Bananas, Milk, Water Lunch: Beef Chili Frito Pie Casserole, Roasted Carrots, Baked Fried Okra, Milk, Water PM Snack: WG Wheat Crackers, Sliced Cheese, Water	28 Breakfast: Breakfast Casserole, Fresh Oranges, Milk ,Water Lunch: Chicken Tinga Tacos, Salad, Corn, Milk, Water PM Snack: WG Strawberry Yogurt Chex Cheese Stick, Water	29 Breakfast: Biscuits & Gravy, Fresh Pears, Milk, Water Lunch: Classic Hot Dog, Cole Slaw, Ranch Style Beans, Milk, Water PM Snack: WG Goldfish Pretzels, Fresh Oranges, Water	30 Breakfast: WG Breakfast Sausage Bites, Fresh Apples, Milk, Water Lunch: Cheese Burger, Seasoned Fries, Tuscan Veggies, Milk, Water PM Snack: WG Ritz Crackers, Sliced Cheese, Water