

# Meadow Oaks Academy

# February 2025 Menu



		<p><b>WWG – Whole Grain</b>          * All Students under the age of 2 years old, are served Whole Milk.          * All Students 2 years and older are served 1% Milk with Breakfast &amp; Lunch          * All students are served water</p>		
<p>3  <b>Breakfast:</b>                  WG Chex Cereal,                  Fresh Apples, Milk, Water  <b>Lunch:</b>                  Turkey &amp; Cheese sandwich,                  Glazed Carrots, Pickle Spears,                  Milk, Water  <b>PM Snack:</b>                  WG Goldfish, Fresh                  Oranges, Water</p>	<p>4  <b>Breakfast:</b>                  Waffles,                  Fresh Bananas, Milk, Water  <b>Lunch:</b>                  Meatloaf, Au Gratin Potatoes,                  Green Beans, Dinner Roll, Milk,                  Water  <b>PM Snack:</b>                  WG Honey Grahams,                  Fresh Apples, Water</p>	<p>5  <b>Breakfast:</b>                  Potato &amp; Cheese Quiche,                  Fresh Oranges, Milk, Water  <b>Lunch:</b>                  Beef &amp; Cheese Soft Taco,                  Pinto Beans, Salad, Milk, Water  <b>PM Snack:</b>                  WG Veggie Wheat thins,                  Cheese Stick, Water</p>	<p>6  <b>Breakfast:</b>                  Buttered Toast,                  Fresh Pears, Milk, Water  <b>Lunch:</b>                  Cheese Pizza, Corn, Cole Slaw,                  Milk, Water  <b>PM Snack:</b>                  WG Chex Mix, Bananas,                  Water</p>	<p>7  <b>Breakfast:</b>                  Blueberry Muffins, Fresh                  Apples, Milk, Water  <b>Lunch:</b>                  Popcorn Chicken, Garlic                  Mashed Potatoes, Tuscan                  Veggies, Milk, Water  <b>PM Snack:</b>                  WG Saltine Crackers,                  Sliced Cheese, Water</p>
<p>10  <b>Breakfast:</b>                  WG Cheerio's,                  Fresh Apples, Milk, Water  <b>Lunch:</b>                  Club Sandwich,                  Italian Green Beans,                  Pickle Spears, Milk, Water  <b>PM Snack:</b>                  WG Cheese It's,                  Fresh Pears, Water</p>	<p>11  <b>Breakfast:</b>                  French Toast                  Fresh Bananas, Milk, Water  <b>Lunch:</b>                  Beef Chili Frito Pie Casserole,                  Roasted Carrots, Baked Fried                  Okra, Milk, Water  <b>PM Snack:</b>                  WG Animal Crackers,                  Cheese Stick, Water</p>	<p>12  <b>Breakfast:</b>                  Breakfast Casserole,                  Fresh Oranges, Milk, Water  <b>Lunch:</b>                  Chicken Fajita Tacos, Salad,                  Corn, Milk, Water  <b>PM Snack:</b>                  WG Strawberry Yogurt Chex                  Cheese Stick, Water</p>	<p>13  <b>Breakfast:</b>                  Biscuits &amp; Gravy, Fresh Pears,                  Milk, Water  <b>Lunch:</b>                  Classic Hot Dog, Cole Slaw,                  Ranch Style Beans, Milk, Water  <b>PM Snack:</b>                  WG Goldfish Pretzels,                  Fresh Oranges, Water</p>	<p>14  <b>Breakfast:</b>                  WG Breakfast Sausage Bites,                  Fresh Apples, Milk, Water  <b>Lunch:</b>                  Cheese Burger, Potato                  Wedges, Pickle Spears, Milk,                  Water  <b>PM Snack:</b>                  WG Sun Chips,                  Cheese Stick, Water</p>
<p>17  <b>Breakfast:</b>                  WG Chex Cereal,                  Fresh Apples, Milk, Water  <b>Lunch:</b>                  Italian Turkey Croissant,                  Glazed Carrots, Pickle Spears,                  Milk, Water  <b>PM Snack:</b>                  WG Goldfish, Fresh                  Oranges, Water</p>	<p>18  <b>Breakfast:</b>                  Waffles, Fresh Bananas,                  Milk, Water  <b>Lunch:</b>                  Sloppy Joe Tater tot Cass.                  Steamed Broccoli, Corn,                  Dinner Roll, Milk, Water  <b>PM Snack:</b>                  WG Honey Grahams,                  Fresh Apples, Water</p>	<p>19  <b>Breakfast:</b>                  Potato &amp; Cheese Quiche,                  Fresh Oranges, Milk, Water  <b>Lunch:</b>                  Beef &amp; Cheese Tacos,                  Refried Beans, Salad, Milk, Water  <b>PM Snack:</b>                  WG Veggie Wheat thins,                  Cheese Stick, Water</p>	<p>20  <b>Breakfast:</b>                  Buttered Toast, Fresh Pears,                  Milk, Water  <b>Lunch:</b>                  Salisbury Steak, Rice, Green                  Beans, Roasted Cauliflower,                  Dinner Roll, Milk, Water  <b>PM Snack:</b>                  WG Chex Mix, Fresh Bananas,                  Water</p>	<p>21  <b>Breakfast:</b>                  Blueberry Muffin,                  Fresh Apples, Milk, Water  <b>Lunch:</b>                  Popcorn Chicken, Corn, Au                  Gratin Potatoes, Milk, Water  <b>PM Snack:</b>                  WG Saltine Crackers,                  Sliced Cheese, Water</p>
<p>24  <b>Breakfast:</b>                  WG Cheerio's,                  Fresh Apples, Milk, Water  <b>Lunch:</b>                  Turkey/Ham Cheese Sandwich,                  Sweet Potatoes, Pickle                  Spears, Milk, Water  <b>PM Snack:</b>                  WG Cheese It's,                  Fresh Pears, Water</p>	<p>25  <b>Breakfast:</b>                  French Toast,                  Fresh Bananas, Milk, Water  <b>Lunch:</b>                  Beef Spaghetti with Red Sauce,                  Italian Green Beans,                  Glazed Carrots, Milk, Water  <b>PM Snack:</b>                  WG Animal Crackers,                  Cheese Stick, Water</p>	<p>26  <b>Breakfast:</b>                  Breakfast Casserole,                  Fresh Oranges, Milk, Water  <b>Lunch:</b>                  Chicken Fajita Soft Taco, Salad,                  Corn, Milk, Water  <b>PM Snack:</b>                  WG Strawberry Yogurt Chex                  Cheese Stick, Water</p>	<p>27  <b>Breakfast:</b>                  Biscuits &amp; Gravy, Fresh Pears,                  Milk, Water  <b>Lunch:</b>                  Sliced Turkey Breast with Gravy,                  Cheesy Diced Potatoes, Steamed                  Broccoli, Dinner Roll, Milk, Water  <b>PM Snack:</b>                  WG Goldfish Pretzels,                  Fresh Oranges, Water</p>	<p>28  <b>Breakfast:</b>                  WG Breakfast Sausage Bites,                  Fresh Apples, Milk, Water  <b>Lunch:</b>                  Beanie Weenies, Cheesy                  Cauliflower, Baked Fried Okra,                  Dinner Roll, Milk, Water  <b>PM Snack:</b>                  WG Sun Chips,                  Cheese Stick, Water</p>